

Video

Sitting at a Table

Why the video?

Define Encouragement:

Encarta:

1. Support that inspires
2. something that encourages

1 Thessalonians 5:11

NIV: 11Therefore **encourage** one another and **build** each other up, just as in fact you are doing.

KJV: 11Wherefore **comfort** yourselves together, and **edify** one another, even as also ye do.

Encourage/ comfort =

- 1) to **call to one's side**, call for, summon/
- 2) to address, speak to, (call to, call upon), which may be done in the way of exhortation, entreaty, comfort, instruction, etc.
- c) to console, **to encourage and strengthen by consolation**, to comfort

Build/Edify:

- 1) to build a house, erect a building
- a) to build (up from the foundation)
- b) to restore by building, to rebuild, repair

Illustration: LEGOS

Hebrews 3:13

NIV: 13But **encourage** one another daily, as long as it is called Today, so that none of you may be hardened by sin's deceitfulness.

KJV: 13But **exhort** one another daily, while it is called To day; lest any of you be hardened through the deceitfulness of sin.

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How do I get it.... and eventually give it...

- Close Friends
- Not so close friends
- Corporately:
 - o Hebrews 10:24-25: "And let us consider how we may spur one another on toward love and good deeds. 25Let us not give up meeting together, as some are in the habit of doing, but let us encourage one another—and all the more as you see the Day approaching."
- Small Groups:
- Via Scripture:
 - o DR: 1Cor.15:58:
 - o "58Therefore, my dear brothers, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain."
 - o Ps. 145:3-7
 - 3 Great is the LORD and most worthy of praise;
 - his greatness no one can fathom.
 - 4 One generation will commend your works to another;

- they will tell of your mighty acts.
- 5 They will speak of the glorious splendor of your majesty,
and I will meditate on your wonderful works. [\[a\]](#)
- 6 They will tell of the power of your awesome works,
and I will proclaim your great deeds.
- 7 They will celebrate your abundant goodness
and joyfully sing of your righteousness.

Love Languages:

1. Acts of service
2. Physical Touch [not sexual]
3. Words of Affirmation
4. Gift Giving
5. Quality Time

Important Note: Luke 6:45

“45The good man brings good things out of the good stored up in his heart, and the evil man brings evil things out of the evil stored up in his heart. For out of the overflow of his heart his mouth speaks.”

Love: Encouragement stems loves

Forgiveness: you can't give encouragement if you have bitterness stored up in your heart

- did you ever try to encourage someone when you are upset with them....

Patience: sometimes you need this because people are encouragement killers

- generally out of insecurity

How does this affect community?

- Imagine what our community would look like if we were encouraging one another & building one another up
- We are all “Works In Progress” – God isn't done with us yet
- LEGOS:
 - o This is the take home....
 - o God lays the foundation
 - And he uses us to build on one another's foundations
 - o Some encouragement is good
 - o Some is a little rough
 - o The purpose if for your growth...this is what grow is all about... Heb.3:14 – come along side one another
 - o Hebrews 10:24: “spur one another one”