

NEW!



# Teen Girl Daybook

The **Teen Girl Daybook** is a brand new resource for you and your teen girls. Each week this monthly calendar focuses on a different theme and provides a daily activity and Scripture passage. This can be an excellent way to challenge your girls to set aside a few minutes everyday to spend with God. The daily activity reinforces the daily Scripture passage and the weekly theme. The **Teen Girl Daybook** is also available as a downloadable PDF.

		june			
monday	tuesday	wednesday	thursday	friday	
	Think of a time when you felt insignificant. Journal about why you felt that way and how God would view you differently in that situation. <i>Luke 12:6-7</i>	On 10 strips of paper, write a word or phrase describing you. Remove strips one at a time. Think about how different you'd be without those traits. <i>1 Peter 3:3-4</i>	Go for a jog — challenge yourself to run steadier and stronger than you ever have before. Think about how dependant you are on God. <i>2 Corinthians 3:5</i>	Make a list of 10 things you're good at. How do you think God can use those things for His glory this next year? <i>2 Corinthians 10:5</i>	
<b>self-esteem</b>					
Think about the events that have lead you to today. Make a list of goals for yourself for the next year. <i>Psalm 139:13-16</i>	Go for a walk — pray for 3 of your friends who do not yet know God and the awesome plans He has for them. <i>1 Timothy 2:4-5</i>	Suggested reading — <i>A Purpose Driven Life</i> , by Rick Warren <i>Psalm 139:3-6</i>	Take a quiz to learn more about what your spiritual giftings might be: <a href="http://bit.ly/93W9zc">http://bit.ly/93W9zc</a> <i>Romans 12:6-8</i>	The church is made up of different parts — is there a part of your church that is weak? Pray about a new volunteer role. <i>1 Corinthians 12:12-26</i>	
<b>your purpose</b>					
Think about your behavior and decisions the past few weeks — does it pattern the world or does it pattern God? <i>Romans 12:1-2</i>	What does it mean to be "holy?" Look up the dictionary definition as well as a few verse from the concordance in your Bible to learn more. <i>Leviticus 19:2</i>	Celebrate the purity we have from our filthy sins through Jesus by eating a bowl of vanilla ice cream. Hey...it's white...white symbolizes purity :) <i>Mark 7:20-23</i>	Make a list of the ways you can be "in the world but not of it." What does that look like in your life? <i>Titus 2:12</i>	Suggested reading — <i>18 PB&amp;J: Hotness</i> , by Haley DiMarco <i>1 Corinthians 6:18-20</i>	
<b>pure heart</b>					
Not getting your way is rough — think of a time you got mad when you didn't get your way. How could you have responded differently? <i>Genesis 4:6-7</i>	God blesses those who have the right attitude in all kinds of situations — encourage someone you see remaining positive in a difficult situation. <i>Matthew 5:2-12</i>	Memorize the verses listed below — every time you feel like you're about to complain, quote this verse! <i>Philippians 2:14-15</i>	Boasting is an unattractive quality — when you share exciting news, do you come across as humble but excited or as proud and boastful? <i>1 Corinthians 4:7</i>	The Lord gives and takes away — how would you respond if the things that are so important to you were taken away? <i>Ecclesiastes 7:14-15</i>	
<b>attitude</b>					
Practice humility by asking more questions. We are often to proud to ask questions, but think about how much more you could learn! <i>1 Peter 5:5-6</i>	Go to coffee with a friend — talk about what you've learned as God walked with you through hard times where you were humbled before Him. <i>Deuteronomy 8:1-3</i>	Think of others before you think of yourself — let someone go ahead of you in line, help carrying in the grocery bags, give out more compliments, etc... <i>Philippians 2:1-3</i>			
<b>humility</b>					

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The **Teen Girl Daybook** is located in "The Loft" portion of the Teen Girl Ministries Web site: [tgm.ag.org/loft/teengirldaybook](http://tgm.ag.org/loft/teengirldaybook).