



If you have ever known a girl in high school you know this

time is marked by self-development. Many influences seek after a teen girl's heart. Cultural values add pressure to a girl to indulge in choices that have long-term consequences.

The Girls Only Club meets the needs that high school girls are faced with head on.

Girls Only! The G.O. Club

9th through 12th grade

Living boldly for God in every way (Proverbs 3:5,6, NIV)

Girls Only is a Bible- and discussion-based curriculum for girls in high school. This curriculum supports the Titus 2 principle of Girls Ministries — women mentoring girls.



Woman to girl mentoring relationships are essential to teen girl ministry. In Girls Only, girls get to discuss topics that affect them in a safe place among their peers and with mentors.

The Girls Only Club provides a sense of belonging where a girl can develop:

- friendships with other Christian girls
- mentoring relationships with godly women
- a missional mindset through inviting their friends



Journal Units with accompanying sponsor guide material:

- | | |
|------------------------|-------------------------|
| Addiction | Managing Stress |
| Attitude | Part-Time Job |
| College and Career | Personal Appearance |
| Competitive Activities | Preparing for Marriage |
| Creation vs. Evolution | Pro Life vs. Pro Choice |
| Dating | Sexual Purity |
| Family Relationships | Standing Firm |
| Finances | Time Management |
| Fit for Life | Truth |
| Friendship Factor | Will of God |
| Home Management | Witnessing |
| Know Your Talents | Women in Ministry |

Other items: small journal binder, calendar, address/phone book, prayer journal, Bible-reading journal, and notes pages

The Girls Only Club Journal is a three-ring, metal binder and includes 12 Journal Page Units and introduction pages, an undated calendar, address book, prayer journal, and Bible reading journal.



The Girls Only Club curriculum can be taught in many formats:

- Small groups
- Sunday School
- Discussion groups in a youth ministry
- After-school program
- Home school lessons
- One-on-one mentoring
- Weekend retreats



Achievement is an option. Girls can earn pins for each unit. Girls complete 20 units, read the Bible in its entirety, and pass a review.

Pursuing achievement teaches girls discipline and provides a sense of accomplishment.

- You choose the units you want to complete with your girls
- Set up the format the way you want to fit the time schedule of other youth ministries in your church
- Plan outings and activities

For more information: tgm.ag.org . tgm@ag.org . 417.862.2781 x4074

other helps

Additional Project Ideas

In an effort to help you come up with fun ways to keep your girls engaged in Girls Only Club, we now have free, downloadable resource pages for each Girls Only Club unit. Each packet includes ideas for Projects & Adventures, suggestions for related resources, and additional discussion questions for each lesson.

Resource pages can be found by going to ngm.ag.org, clicking the "Downloadable Resources" button along the left side of the page, and by then clicking "Teen Girl Ministries."

Hot Topics

Hot Topics are designed to provide leaders with a guide to lead biblically-based discussion on topics that are relevant to girls today. Each topic has a student guide and corresponding leader guide. Download these supplemental lesson plans for conversation with your girls.



The G.O. Club

for girls in ninth- through twelfth-grade