



Thank you for allowing your daughter to be part of Friends Club. Friends Club is for girls in sixth-through eighth-grade and is part of the Teen Girl Ministries branch of the national Girls Ministries Department. Friends Club was developed to specifically meet the spiritual and social needs of junior high school girls.

Friends Club material is designed to help these young girls learn accountability — to God, to their families, to their friends. The units provided will help Friends make God’s truths and values the focus of their lives. The curriculum features discussion-oriented lessons to continue the Titus 2 principle of women mentoring young girls.

Friends and Youth Group

Friends Club meetings are can be held at any time of the week. Girls should not need to be torn between Friends Club and youth group activities. Friends can meet on any night different from Youth night or used in conjunction with Youth ministry as a small group discipleship tool for girls.

Unit Lessons

Accountability	Commitment to Christ	Integrity	Pure Heart
Attitude is Everything	Creation	Life-Controlling Problems	Resolving Conflict
Battle Stations	Family Life	Multiculturalism	Sanctity of Life
Bible	Fitness	Peer Pressure	Self-Discipline
Child Care	Friends for Life	Personal Evangelism	Self-Esteem
Choices	The Holy Spirit	Prayer	Taming the Tongue

Unit Structure and Achievement Requirements

Friends Club is a 3-year program. In order to be a Friends graduate, girls need to complete 18 units (6 each year) during their time in Friends. Each unit has 6 lessons and can be completed in as few as 6 weeks. When girls complete a unit, they will be eligible to wear a charm on the Friends necklace. In order to complete a unit (and earn a charm), girls will need to complete the unit Journal pages, memorize the unit memory verse and central truth, and complete a unit project.

Becoming a Friends Graduate

The final requirement to become a Friends Graduate is completion of the comprehensive Friends Club Review — a fill-in-the-blank test over the 18 memory verses and central truths of the units completed and the “Statement of Faith.”

Completion of unit requirements, the Friends Review, and reading the entire Bible will make a girl eligible to be a Friends Graduate. Friends Graduates are awarded a graduation ring, which we recommend that each club find locally as one is no longer offered through GPH. Every girl who completes the Friends Graduate requirements is eligible to wear this ring.