

## the need

If you have ever known a girl in junior high you know what a crazy

time of identity shifting this can be. Many girls confide less in parents and more in peers. They crave someone to share their thoughts with. Cultural values add pressure to a girl to indulge in choices that have long-term consequences.

The Friends Club meets the needs that junior high girls are faced with head on.

**Friends:** The Where You Belong Club  
6th through 8th grade  
*Being committed to God (1 Kings 8:61, NIV.)*

Friends is a Bible- and discussion-based curriculum for girls in junior high and middle school. This curriculum supports the Titus 2 principle of Girls Ministries — women mentoring girls.

## belonging

The Friends Club is an attractive option for churches, parents, and girls. Many churches do not have a junior high ministry.

In Friends, girls get to discuss things that affect them in a safe place among their peers and with mentors.

The Friends Club provides a sense of belonging where a girl can develop:

- friendships with other Christian girls
- mentoring relationships with godly women
- a missions mindset through inviting their friends

## journal topics

Journal Units with accompanying sponsor guide material:

Accountability	Integrity
Attitude is Everything	Life—Controlling Problems
Battle Stations	Multiculturalism
Bible	Peer Pressure
Child Care	Personal Evangelism
Choices	Prayer
Commitment to Christ	Pure Heart
Creation	Resolving Conflict
Family Life	Sanctity of Life
Fitness	Self-Discipline
Friends for Life	Self-Esteem
The Holy Spirit	Taming the Tongue

Other items: small journal binder, calendar, address/phone book, prayer journal, Bible-reading journal, and notes pages

The Friends Club Journal is a three-ring, metal binder and includes 12 Journal Page Units and introduction pages, an undated calendar, address book, prayer journal, and Bible reading journal.

## flexibility

The Friends Club curriculum can be taught in many formats:

- Small groups
- Sunday School
- Discussion groups in a junior high ministry
- After-school program
- Home school lessons
- One-on-one mentoring
- Weekend retreats

## optional achievement

Achievement is an option. Girls can earn charms for each unit. Girls complete 18 units, read the Bible in its entirety, and pass a review.

Pursuing achievement teaches girls discipline and provides a sense of accomplishment.

- You choose the units you want to complete with your girls
- Set up the format the way you want to fit the time schedule of other youth ministries in your church
- Plan outings and activities

Form more information: [tgm.ag.org](http://tgm.ag.org) .  
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# other helps

## Additional Project Ideas

In an effort to help you come up with fun ways to keep your girls engaged in Friends Club, we now have free, downloadable resource pages for each Friends Club unit. Each packet includes ideas for Projects & Adventures, suggestions for related resources, and additional discussion questions for each lesson.

Resource pages can be found by going to [ngm.ag.org](http://ngm.ag.org), clicking the "Downloadable Resources" button along the left side of the page, and by then clicking "Teen Girl Ministries."

## Hot Topics

Hot Topics are designed to provide leaders with a guide to lead biblically-based discussion on topics that are relevant to girls today. Each topic has a student guide and corresponding leader guide. Download these supplemental lesson plans for conversation with your girls.



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Where YOU Belong!

for girls in sixth- through eighth-grade