

Hot Topics

Temptation

Leader Guide

Theme: There is freedom to live above the ungodly desires of the world! The topic of temptation may seem heavy to confront or guilt-driven to address, but it doesn't have to be. This small group study is full of grace, power, and hope to overcome all areas that may be tempted.

When you were in elementary school, what were some temptations you felt at school? At home? Now that you are older, how have those temptations changed?

Read Mark 14:32–38.

- Temptations can come in all shapes and sizes. It could seem big or little to others but it all matters. Why was the disciples' temptation a bigger deal than simply sleeping? What can we learn from them about how our weakness with temptation can affect others?
- How does verse 8 describe the battle that *all* people go through?
- Why is this a struggle for people? (sin-filled, fallen world, need of God's strength etc.)

Read Corinthians 10:13.

No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.

- What does "except what is common to mankind" mean?
 - How does this verse describe the character of God?
 - Why is this verse extremely hope filled?
- Based on previous verses in **Mark 14**, how does Jesus demonstrate how we can overcome temptation?

Read Matthew 4:1–11.

- Does it surprise you that Jesus was tempted? Why or why not?
- Why didn't Jesus overpower Satan when He was capable of doing so? Is it sin to be tempted? How did Jesus handle the temptations?
- What tactics did Satan use to tempt Jesus? What are some areas in your life that he may use to tempt you as well?
- How can you respond like Jesus the next time you are tempted?

Prayer: Pray for specific temptations the girls may have. They may want to write it down privately. In addition to prayer, offer advice on memorizing Scriptures, and taking time to worship, as forms of overcoming temptations. Remind them of Corinthians 10:13 so they can be confident there will always be a way out.

For more topical Bible studies for teen girls, visit www.myhealthychurch.com/teengirls

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For Student

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