

Hot Topics

LEADER guy-girl relationships GUIDE

Note to Leaders: *Many girls feel more comfortable relating to guys than they do to girls. This can be due to not having a strong male figure in her life, enjoying flirting, or simply not enjoying the drama that comes along with having close girl friends. Be prepared to get specific about what it's OK to talk to guys about and what's better to keep between girls. It might also be helpful to invite a male youth pastor or other trusted male figure in to talk to the girls about what guys are really thinking and to answer questions about how to handle guy/girl relationships.*

As girls, we know that few people can hurt us more than our girl friends. Many girls find it easier to develop deeper friendships with guys to avoid some of the girl drama. In her book *Mean Girls*, Hayley DiMarco says:

"Other girls are essential to your life. You might think that right now guys 'get you,' but the only one who will ever truly 'get you' is another girl. Guys can never completely understand how you feel, no matter how much they say they do. They don't feel the way we do. They don't have the same hormones coursing through their veins; they don't have the same things in life happening to them. They'll never have cramps or a baby. They're just different – good, but different."
Do you agree with this statement? Why or why not?

Read Genesis 2:18-23

Why do you think God created male and female?
What are some ways that guys are different from girls?
What are some challenges that guys and girls face in relationships because they're different?

Read Proverbs 31

Do you know any women like this? Is this the sort of woman you'd like to be?
What are some steps you can take right now to become more like this woman?
Are there any women in your life right now who can mentor you and pour into your life so that you can gain wisdom and be a woman of character?
Why is it important to have godly women in your life? Isn't it good enough just to have godly men to look up to?

Guidelines for Developing Friendships with Guys

Developing friendships with guys is a great way to learn how to conduct yourself in a dating relationship and eventually how to handle being married. However, friendships with guys are different from friendships with girls. It's important to guard yourself and behave modestly in your friendships with guys. Here are a few guidelines to keep in mind:

1. **Consider your motives.** Guys can be incredibly loyal and trustworthy friends. However, often when a guy is one of your close friends, one or both of you are probably interested in being more than just friends. Be careful that you're not taking advantage of a guy who's interested in you. Even if he hasn't declared his undying love for you, it's important to keep a healthy distance and enforce some healthy boundaries.
2. **Think before you speak.** The right kind of guy friends have a great way of making you feel comfortable. Remember that as comfortable as you may feel around your friends, there are some topics that should stay between girl friends. It might seem silly, but some things to avoid talking about are any part of your body where a swimsuit touches, bodily functions, and deep emotional things that would hurt you if others found out about.
3. **Remember your girls.** Guy friends can be really great, but it's always important to have close girl friends. Your closest friend should always be a girl. There will always be things that only your girl friends will really understand. If your girl friends mention that they feel distant from you, it might be time to plan a special night just to spend with your girl friends.
4. **Choose wisely.** When you're looking for good friends (guys or girls) remember to look for qualities you admire. Choose friends that love God, are trustworthy, and avoid drama.

guy-girl relationships

Leader Guide
— continued

Read 1 Peter 3:1-7

How does this passage make you feel? Does it make you angry? Does it make you feel inferior?

Think about the way Jesus loves the church: He died for you knowing that you would sin and that there was a possibility that you wouldn't love Him in return. Isn't receiving this kind of love an honor?

What does "the unfading beauty of a gentle and quiet spirit" look like? How can you have that kind of beauty?

Does the way you talk to your guy friends reflect the difference between the way God created guys and girls to be different?



Hot Topics

guy-girl relationships

As girls, we know that few people can hurt us more than our girl friends. Many girls find it easier to develop deeper friendships with guys to avoid some of the girl drama. In her book *Mean Girls*, Hayley DiMarco says:

"Other girls are essential to your life. You might think that right now guys 'get you,' but the only one who will ever truly 'get you' is another girl. Guys can never completely understand how you feel, no matter how much they say they do. They don't feel the way we do. They don't have the same hormones coursing through their veins; they don't have the same things in life happening to them. They'll never have cramps or a baby. They're just different – good, but different."

Do you agree with this statement? Why or why not?

Read Genesis 2:18–23

Why do you think God created male and female?
What are some ways that guys are different from girls?
What are some challenges that guys and girls face in relationships because they're different?

Read Proverbs 31

Do you know any women like this? Is this the sort of woman you'd like to be?
What are some steps you can take right now to become more like this woman?
Are there any women in your life right now who can mentor you and pour into your life so that you can gain wisdom and be a woman of character?
Why is it important to have godly women in your life? Isn't it good enough just to have godly men to look up to?

Guidelines for Developing Friendships with Guys

Developing friendships with guys is a great way to learn how to conduct yourself in a dating relationship and eventually how to handle being married. However, friendships with guys are different from friendships with girls. It's important to guard yourself and behave modestly in your friendships with guys. Here are a few guidelines to keep in mind:

1. **Consider your motives.** Guys can be incredibly loyal and trustworthy friends. However, often when a guy is one of your close friends, one or both of you are probably interested in being more than just friends. Be careful that you're not taking advantage of a guy who's interested in you. Even if he hasn't declared his undying love for you, it's important to keep a healthy distance and enforce some healthy boundaries.
2. **Think before you speak.** The right kind of guy friends have a great way of making you feel comfortable. Remember that as comfortable as you may feel around your friends, there are some topics that should stay between girl friends. It might seem silly, but some things to avoid talking about are any part of your body where a swimsuit touches, bodily functions, and deep emotional things that would hurt you if others found out about.
3. **Remember your girls.** Guy friends can be really great, but it's always important to have close girl friends. Your closest friend should always be a girl. There will always be things that only your girl friends will really understand. If your girl friends mention that they feel distant from you, it might be time to plan a special night just to spend with your girl friends.
4. **Choose wisely.** When you're looking for good friends (guys or girls) remember to look for qualities you admire. Choose friends that love God, are trustworthy, and avoid drama.

guy-girl relationships — continued

Read 1 Peter 3:1–7

How does this passage make you feel? Does it make you angry? Does it make you feel inferior?

Think about the way Jesus loves the church: He died for you knowing that you would sin and that there was a possibility that you wouldn't love Him in return. Isn't receiving this kind of love an honor?

What does "the unfading beauty of a gentle and quiet spirit" look like? How can you have that kind of beauty?

Does the way you talk to your guy friends reflect the difference between the way God created guys and girls to be different?