

Friends Club

Flexible Plan

for girls in sixth- through eighth-grade

Sunday School

A setting which allows study and optional achievement (i.e.; Battle Stations, Bible, The Holy Spirit, Prayer, Commitment to Christ)

Youth Ministry/ Breakout Groups

A guide to open discussion and scriptural insight (i.e.; Personal Evangelism, Self-Esteem, Accountability, Prayer, Self-Discipline)

Home School Co-op

Provides an opportunity to teach character-building and explore Christian education (i.e.; Fitness, Multiculturalism, Creation, Sanctity of Life)

Weekend Retreats

Allows leaders to delve into specific topics and to invite guest speakers (i.e.; Fitness, Choices, Pure Heart, Child Care)

Small Groups

Allows for advertising of special interest topics (i.e. Multiculturalism, Commitment to Christ, Integrity, Pure Heart, Attitude is Everything)

After-School Program

Practical and applicable to unchurched girls (i.e.; Resolving Conflict, Taming the Tongue, Life Controlling Problems, Peer Pressure)

One-on-One Mentoring

An established and defined discussion guide to open doors for mentoring and training (i.e.; Attitude is Everything, Family Life, Friends for Life)

Friends Journal Topics with accompanying sponsor guide material:

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|---|---|--|---|
| <input type="checkbox"/> Accountability | <input type="checkbox"/> Commitment to Christ | <input type="checkbox"/> Integrity | <input type="checkbox"/> Pure Heart |
| <input type="checkbox"/> Attitude is Everything | <input type="checkbox"/> Creation | <input type="checkbox"/> Life-Controlling Problems | <input type="checkbox"/> Resolving Conflict |
| <input type="checkbox"/> Battle Stations | <input type="checkbox"/> Family Life | <input type="checkbox"/> Multiculturalism | <input type="checkbox"/> Sanctity of Life |
| <input type="checkbox"/> Bible | <input type="checkbox"/> Fitness | <input type="checkbox"/> Peer Pressure | <input type="checkbox"/> Self-Discipline |
| <input type="checkbox"/> Child Care | <input type="checkbox"/> Friends for Life | <input type="checkbox"/> Personal Evangelism | <input type="checkbox"/> Self-Esteem |
| <input type="checkbox"/> Choices | <input type="checkbox"/> The Holy Spirit | <input type="checkbox"/> Prayer | <input type="checkbox"/> Taming the Tongue |

Small Groups

Multiculturalism

What is a culture?

How would you describe your regional culture?

What cultural rules do you practice and why?

What do the terms *stereotyping* and *discrimination* mean?

What should our attitude be toward those of different cultures?

How do scriptural cultures affect you?

Supplemental Activities: complete an individualized study of a culture; watch a movie from or about another culture (i.e.;The Chosen); try foods from other cultures.

Youth Ministry/Breakout Groups

Accountability

What is accountability?

Why do I need accountability?

What are the results of accountability?

Who am I accountable to?

How do I hold others accountable?

What have we learned about accountability?

Format: flexible depending on how many weeks to stay on this topic. Can add more weeks with supplemental reading, or for fewer weeks, abbreviate or skip subtopics.

One-on-One Mentoring

Friends for Life

What are the qualities of a good friend?

How can I be a good friend?

How do our friends influence us?

How do we influence our friends?

How do we mend broken friendships?

Who is my Best Friend?

Activities: go on a friendship outing; watch a movie about friendship; interview a pair of lifelong friends.

Each topic has six weeks of subtopics. Expand with activities or condense to fit a shorter timeframe.

Sunday School

The Holy Spirit

Who is the Holy Spirit?

What is the baptism in the Holy Spirit?

What will the Holy Spirit do in my life?

What are the gifts of the Spirit?

What does it mean to be filled with the Spirit?

What should be my response to the Holy Spirit?

Achievement: six weeks of topic discussion, completing a group project, and memorization, girls can earn pins or other incentives.

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After-School Program

Resolving Conflict

What does the word *conflict* mean?

What does God's Word say about conflict?

How did Jesus handle conflict?

What if I'm right?

What happens if I choose not to forgive?

What practical things can I do to handle daily conflicts?

Activities: conduct role playing training sessions of how do deal with specific instances of conflict; discuss different reactions a girl could have.

Weekend Retreats

Pure Heart

What is purity?

Why seek purity?

How do I develop purity?

How do I maintain purity in my thoughts?

How do I maintain purity through my actions?

What if I've already failed?

Activities: invite workshop speakers; have a fashion show with modest apparel; invite a self-defense instructor; have a young male talk about how guys often view women.