



# Teen Girl Daybook

## September

girls  
ministries

### Week 1 God's Friendship

1. It's late at night on a weekend and you just received news that your aunt passed away suddenly. You feel sad and alone but there isn't anyone near to talk to. Turn to the ultimate Friend. God is reliable and close to you at all times. **Proverbs 18:24**

2. When you were little, it seemed that God was big and distant. Did He want you to just obey and that's it? No way! The more you learn about Him, the more you realize it is a genuine friendship. He is close and caring. **John 15:15**

### Week 2 Making Friends

3. Your school has some new students this year. You aren't sure what you will think of them or what they will think of you. What should your initial actions be the first time you see them? How should you look at them? What should you say? Do what you would like to have done to you if you were new. **Luke 6:31**

4. Your friend is easily offended. It seems she is always upset and has something to be angry about when you are with her. Why is this? Is she hurting? Does she need counseling? Or is she simply choosing to be a hot-tempered person. If so, be careful! **Proverbs 22:24-25**

5. Every place you go there are friends. School, work, church, activities, and your neighborhood all have people you can connect with when you go. But what about your own family? They will be there your whole life no matter where you go! Be close in friendship with your family. **1 Corinthians 13:4,5**

6. You have your group of friends that are about the same age as you. But there is a younger girl that wants to hang out and you actually enjoy her too. Go for it! Included someone younger than you. You will both be blessed. **Proverbs 27:17**

7. You and your girl friends have always been close. But now there is a young man that has come into your world. He is a Godly guy and your relationship may lead to marriage. Even so, don't forget your girl friends while on the journey. You will always need them! **Proverbs 17:17**

8. There is a girl at church that you think would be a good friend. The only thing is that you don't have a way to connect. Give a little gift! A simple gesture can make a huge impact. The Bible even talks about this principle. **Proverbs 18:16**

9. It seems this one girl at work is trying to be annoying. You don't enjoy being around her. It's time to find a common interest to talk about. Listen to her. Smile. Let your guard down so she can relax too. Sometimes the least likely people end up being a dear friend. **Ephesians 4:32**

### Week 3 Keeping Friends

10. You have a good couple of friends but now what? If there is a birthday, celebrate! If they are under pressure, encourage them. If they have a loss, be there with them. If they are sick, help them. If it's Christmas, give a gift! Big moments matter with your friends. **Ecclesiastes 4:9,10**

11. One of your friends confronted you about an issue in your life. You felt somewhat angry and hurt. You know she is right but was it right for her to say anything? Yes! If she said something that needed to be dealt with, be thankful she had courage and loved you enough to speak up! **Proverbs 27:5,6**

12. Ever since first grade you have had a close friend. You two have SO many memories together. But now you are moving a few states away. How can you stay friends? Call, write, text, plan a trip, send gifts, and pray for each other. A friend is a blessing you want to take care of no matter where you are. **James 1:17**

13. You have a friend over and are so excited to watch the next episode in a favorite series you follow. Only thing is, she doesn't want to! Should you let her hang with your siblings while you watch it or let it go and do what she wants? **Philippians 2:3,4**

14. During a bathroom break you overheard one of your friends talking to the new girl. You could tell she was trying to be cool and accepted but why did she say what she said about you not being any fun? That hurt. Now what? **Luke 6:28**

15. Your dad hasn't been around much because he is working a lot. Your mom isn't doing well because she recently became sick. You are concerned. You want to still enjoy your friends and have some time to hangout but is that okay? Yes. Having some fun helps you deal with other issues! **Proverbs 17:22**

16. You joined the new youth group over a year ago but still don't really have a good friend there. Week after week you look for someone to connect with and you have even invited girls from school. Spend some time praying for the right friend to come. God will answer! **1 John 15:15**

### Week 4 When Friends Change

17. Everything was fine with your group of friends until middle school. Things started changing. You didn't want to follow the path some of them were choosing because it went against God's ways. Should you regret that? **Proverbs 13:20**

18. Two of your girl friends have decided to make more time for their boyfriends. But your focus is on God, school, and family. So now what? Be there if they need you but otherwise follow the path God has set out before you. **Psalms 37:23**

19. Your dad has been praying about the possibility of changing churches. You are fine with it except you won't see your friends! This is a huge deal for you. Why would God lead your dad this way? Relax. The friends you really need will stay in touch and you will be blessed in new ways when you follow God's ways. **Proverbs 3:5,6**

20. Your sister has been your closest friend for your whole life. She is moving away to college. Now who will you hang out with? Life will be different and no one will replace your sister but there will be someone God will provide for you as a new friend. **James 1:17**

21. Having a job is new for you. Should you be friends with co-workers? Maybe so, but not necessarily. It's ok to be friendly at work but stay focused too! You have a job to do so don't let friends distract you. **2 Timothy 2:15**

22. Your friends haven't changed at all but you have changed. If the changes are good then be honest with them about why you are doing what you are doing. If the changes aren't good, then stop the path you are on and ask them for help. You need each other! **Proverbs 12: 15**

23. When you went into the new school year you didn't want to add any friends. You like your group and they like you. But there is a girl that is determined to join in with your buddies. Should you let her? If so, how should you treat her? **John 13:34**

### Week 5 Handling Conflict with Friends

24. Surprisingly, your friend just had three girls over but didn't invite you. You feel sad and rejected but aren't sure what to say or do. Talk to her about it. Go to her in a gentle attitude and confidently ask if you did anything to hurt her or bother her. If she says "no" then ask why she is distant. **Hebrews 12:14**

25. You caught your friend cheating on a test. When you confronted her she denied it and acted offended. You know what you saw but now you have an angry friend. Stay true to your convictions and ask God to convict her. Then, forgive and move on. **1 Thessalonians 5:15**

26. Your friend's mom suddenly passed away. You were there to be a support and to show empathy but now your friend is distant and unkind. Why is that? Don't take it personally. She is dealing with grief and its affecting all areas of her life. Keep being a friend. **Proverbs 17:17**

27. You and your sister are close in age. She wants to have the same friends as you but it bothers you. Could it be that you are selfish? Or maybe she needs to give you space. Talk to God and ask for an answer. **James 1:5**

28. You couldn't wait to come back from camp and tell your friend all about it. Just when you went to show her pictures, she started texting someone else and acted uninterested. You are disappointed because she didn't meet your expectations. **James 1:19**

29. When your friend starts up a movie that you don't feel you should watch, you were bold to say something to her. Hard part is, she didn't change her mind. Now what? Go find something else to do. Stay true to your convictions. **Philippians 4:8**

30. No matter how many conversations you have had, you and your friend can't resolve your conflict. You have given it time and prayer but things aren't resolved. It's okay to let the friendship go. It won't be easy but it may be necessary. **Philippians 3:13**

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