



# Teen Girl Daybook

## february

monday

tuesday

wednesday

thursday

friday

		<p><i>Phileo</i> is the love in friendship. Think of two friends you could call if you ever needed anything. What makes them good friends? Get together for a movie and snack night!</p> <p>Ecclesiastes 4:9,10</p>	<p>Who's sharpening who in your friendships? Send a note of encouragement and gratitude to a friend who has consistently been a good influence on you.</p> <p>Proverbs 27:17</p>	<p>Watch a movie that has a central theme of friendship in it. Take note of the examples of <i>phileo</i> you see.</p> <p>Proverbs 17:9</p>
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### phileo

<p>Eros is a sensual, romantic love. While important in a marriage, how can eros love cause problems in a dating relationship?</p> <p>Ephesians 5:3</p>	<p>Don't let the romance and flattery of an eros relationship blind you. Commit to seek God's best for your life in relationships.</p> <p>2 Corinthians 6:14</p>	<p>Are you so caught up in eros that you're causing guys around you to stumble? Read the book <i>Sexy Girls: How Hot is Too Hot</i>, by Hayley DiMarco.</p> <p>Matthew 5:27,28</p>	<p>What are some things that can cause love to be awakened too early? Think of someone who awakened love too early. What was the outcome?</p> <p>Song of Solomon 8:4</p>	<p>Make a list of the things that are important to you in a relationship. Circle things that have nothing to do with eros. What does this tell you about what relationships are based on?</p> <p>Hebrews 13:4</p>
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### eros

<p>Storge describes the natural love and bond family members feel for each other. How do love and obedience relate?</p> <p>Colossians 3:20</p>	<p>Pray for your family. Pray that God would strengthen, guide, and protect them. If they don't yet know the Lord, pray that they would begin to open up to Him.</p> <p>Joshua 24:15</p>	<p>Write three characteristics of God. With those things in mind, how can you be more like Him in the way you love your family?</p> <p>Ephesians 5:1</p>	<p>Write about a time when your parent(s) disciplined you. How does your parents' discipline show that they love you? What happens when our parents don't discipline us?</p> <p>Proverbs 29:15</p>	<p>Plan a fun date night with your siblings. Be sure to take pictures!</p> <p>Hebrews 13:1</p>
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### storge

<p>Agape love is selfless, unconditional, and doesn't expect anything in return. How is Jesus' death on the cross the ultimate expression of agape?</p> <p>1 John 3:16</p>	<p>What are you willing to give to someone because of agape love?</p> <p>John 3:16</p>	<p>Have a debate with a friend or family member — is it possible for us as humans to show agape love? Research more about agape love if needed.</p> <p>1 John 4:7,8</p>	<p>Write this verse on a sheet of paper. Underline the three ways we are to love God. How can we show God agape love?</p> <p>Matthew 22:37,38</p>	<p>Re-write this chapter in your own words. Put it where you can be reminded of it often. After studying this chapter, what does it tell you about love?</p> <p>1 Corinthians 13</p>
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### agape

<p>Journal — write about a time you were wronged and you chose to forgive. Why did you forgive? How was it tough to love in that moment?</p> <p>Luke 23:34</p>	<p>Think of an "enemy" in your life. Why is it tough to love him/her? Plan 5 ways you can love that person — one for each day of the school week. Act on them!</p> <p>Luke 6:27,28</p>	<p>Write the names of each person living in your house. How can you put their interests above your own? Why can it be so tough to put others' needs first?</p> <p>Philippians 2:3,4</p>		
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### tough love